

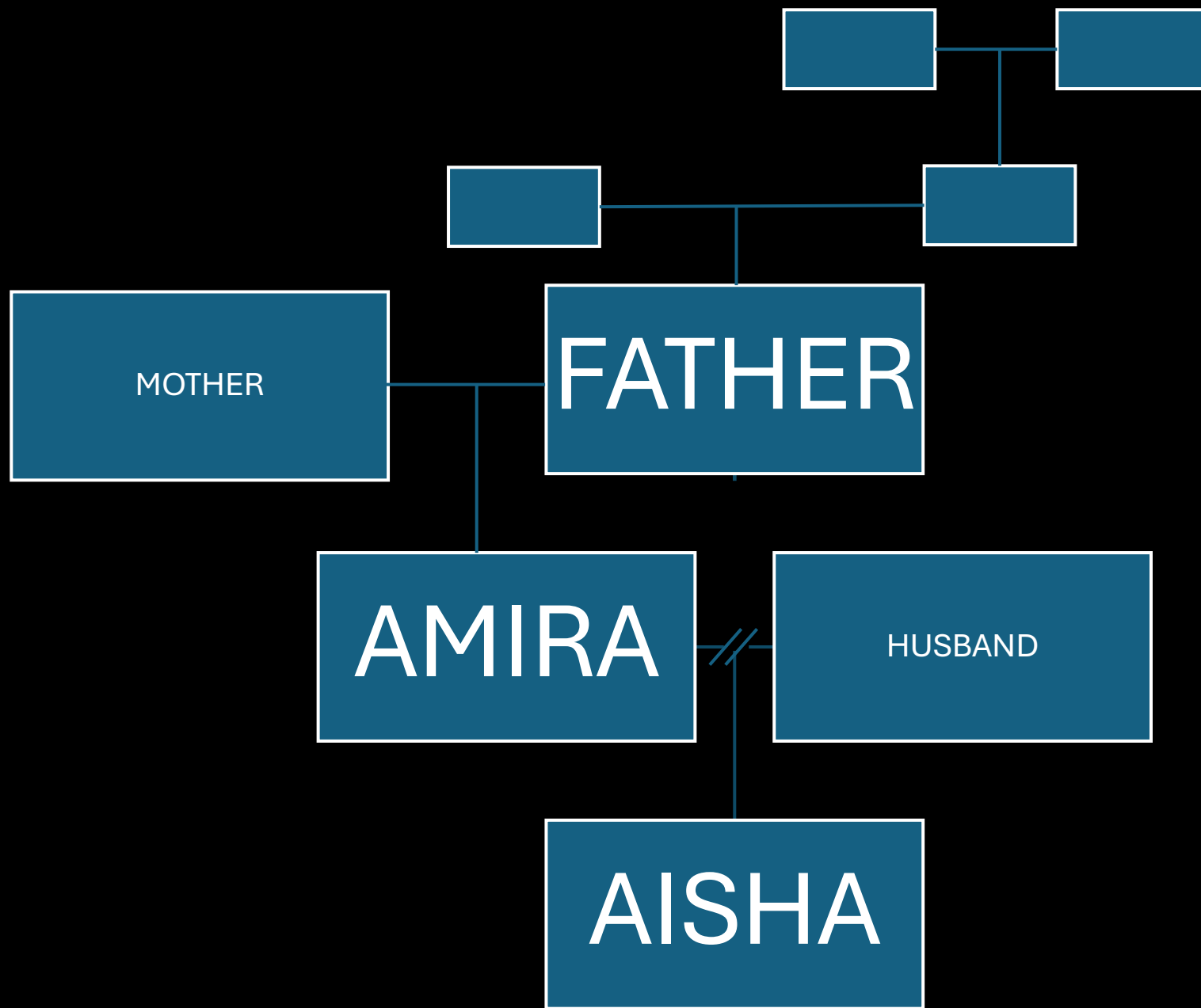
Intergenerationeel Trauma & Weerbaarheid

em.prof.dr. Peter Adriaenssens
KU Leuven 2025
België

INTERGENERATIONAL TRAUMA

American Psychological Association:

INTERGENERATIONAL TRAUMA
IS THE TRANSMISSION OF A PSYCHOLOGICAL
CONSEQUENCE OF A TRAUMATIC EVENT FROM ONE
GENERATION TO THE NEXT



Ivan Boszormenyi-Nagy

INVISIBLE LOYALTIES



IVAN BOSZORMENYI-NAGY
GERALDINE M. SPARK

CHAPTER 7

Contextual Therapy*

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BACKGROUND OF THE APPROACH

Current Evolution of Contextual Therapy

Contextual therapy is a comprehensive relational and individual therapeutic approach; it is an effective preventive design based on our understanding of basic relational structures and processes. At present, the field of psychotherapy is characterized by wide divergences in conceptual points of view about goals and methods and philosophical debate about the basis of the therapist's interventions. Criteria such as measurable effectiveness or narrative meaningfulness

and commitments to epistemologies of "preexisting reality" versus constructed "truth," are proposed as the significant parameters of therapeutic meaning and effectiveness. These debates divide the entire domain of psychotherapy and are not limited to family-therapy discourse.

A goal of contextual therapy is to provide a conceptual schema that allows the inclusion of many significant aspects of other approaches to psychotherapy, provided that they are ethically concerned and contractually responsible. We suggest that a multilateral contractual approach provides an overarching conceptual framework that can eventually integrate these divergent perspectives. In this sense, "contextual" means the total range of persons who are potentially affected by the therapeutic effort; ethical concern regarding the impact on them of the therapeutic intervention constitutes the essence of the "multilateral contract."

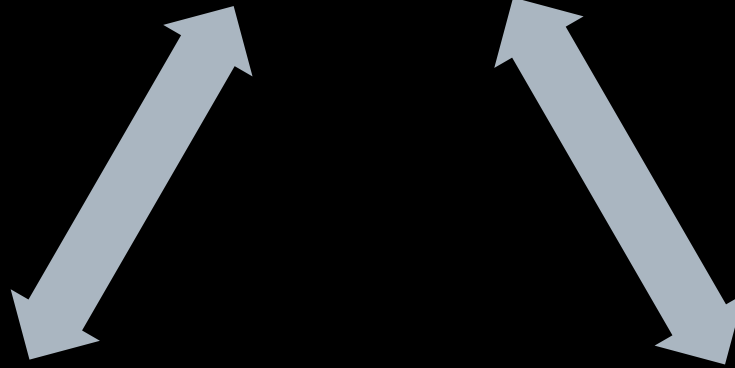
The contextual orientation assumes that the leverages of all psychotherapeutic interventions are anchored in relational determinants, and

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ZORGSTEEM

Veilig, Verbonden

Tevreden, Kalmte



GEVAARSTEEM

Vlucht, Vecht, Verstijf

JAAGSTEEM

Gericht op motivatie,
beloning



